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Breast cancer treatment by transplantations of dendritic cells and cytokine-induced killer cells: An update on clinical trials

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ABSTRACT

Breast cancer is the world's most common cancer in women and is the leading cause of their cancerrelated mortality. Its early diagnosis with conventional therapies such as surgery, chemotherapy, and radiotherapy can give good results in most breast cancer patients. However, these therapies provide poor outcomes in metastatic breast cancers or late-stage breast cancer. Therefore, as another effort for breast cancer treatment, immunotherapy is now considered the fourth-line cancer treatment besides conventional therapies. In this article, we focus on breast cancer treatment by transplantation of cytokine-induced killer cells (CIKs) and dendritic cells (DCs). While CIKs are effector cells that can directly attack and kill breast cancer cells, DCs support other immune cells in including CIKs in antitumor activities. Although transplantation of CIKs or DCs alone gave limited results in breast cancer treatment, the combination of CIKs and DCs in current clinical trials demonstrated significant results. Thus, we propose that CIK-DC therapy will emerge as a new option for breast cancer treatment soon.

Key words: Breast cancer, Cytokine induced killer cell, DC-CIK therapy, Dendritic cell, Immunotherapy

INTRODUCTION

Breast cancer is the world's most common cancer in women and is the leading cause of their cancer-related mortality. It can usually affect women of all ages. In the US itself, breast cancer incidence in women is up by 30%, recorded in 2019¹. During 1996 – 2015, about 14,222 new breast cancer cases were reported (including 13,948 women, accounting for 98%), and more than half were diagnosed with stage II while stage III and IV were about 26%².

Early diagnosis of breast cancer combined with conventional therapy such as surgery, chemotherapy, and radiotherapy is the most common strategy. However, due to the heterogeneous nature of breast cancer and the incidence of metastasis, it remains incurable. Therefore, in the efforts against cancer, immunotherapy has emerged as the fourth line of cancer treatment besides conventional therapy. Immunotherapy harnesses the complexity of the natural immune system to fight cancer, either actively or passively; the strategies aim to boost host immunity to fight cancer again. Massive research on immunotherapy has produced many promising clinical results, including treatment with checkpoint inhibitory, cytokine, and adoptive cell therapies^{3,4}. Additionally, the breakthrough of using anti-PD-1 and anti-PD-L1 antibodies in treatment with metastatic, triple-negative breast cancer

patients has illuminated the field of immunotherapy for breast cancer treatment⁵.

Adoptive cell immunotherapy offers an approach that selectively targets cancer with high efficiency and low risk of side effects⁶. Cell immunotherapy is a promising strategy aimed at improving the antitumor activity of the immune system. Based on the concept of harnessing the immune system, several concepts have been developed for cell-based immunotherapy approach, including adoptive cell therapy with LAK, TIL, CAR-T, NK, and CIK or cancer vaccine with DCs-based immunotherapy.

In this review, we focus on studying cytokine-induced killer cells (CIK) and dendritic cells (DCs) in breast cancer treatment. Cell immunotherapy is a promising strategy aimed at improving the antitumor activity of an immune system.

CYTOKINE-INDUCED KILLER CELLS & DENDRITIC CELLS FOR BREAST CANCER TREATMENTS

CIKs and their cytotoxic mechanisms toward tumor cells

What are CIKs

Cytokine-induced killer cells (CIKs) are a heterogeneous population characterized by the frequency

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of three populations: $CD3^+CD56^+$ (NK-like T), $CD3^+CD56^-$ (T lymphocytes), and $CD3^-CD56^+$ (NK cells). This population is produced only by the *in vitro* culture of MNCs supplemented with cytokines. The first protocol for CIK production was introduced by Schmidt-Wolf *et al.* in the 1990s⁷.

How to produce CIKs?

CIK cells can be easily produced in ex-vivo conditions using MNCs from bone marrow, peripheral blood, or umbilical cord blood in combination with supplements of interferon-gamma (IFN- γ) and interleukin-2 (IL-2) with antibody-CD3 clone OKT3 over shortterm of 2 - 3 weeks. The culture condition of CIK was modified from the LAK production protocol adding 1000 U/ml of INF- γ 24 hours before culture in the condition of anti-CD3 and IL-28. The addition of IFN-g significantly enhances CIK cytotoxicity compared to the LAK culture method. Indeed, IFN-g plays a role in inducing IL-12 production by activating monocytes^{9,10}. Furthermore, compared to LAK cells, CIK cells showed a higher ex-vivo expansion and prolonged in-vivo antitumor effect without exogenous cytokine IL-2^{11,12}.

The ratios of the three different cell populations inside a CIK population are different between culture and inducible protocol. Generally, a CIK population is characterized by average 70 - 80% of CD3⁺ cells, CD3⁺CD8⁺ cells over 60-80% and CD3⁺CD56⁺ cells over $20 - 30\%^{13}$. Antitumor effects of the CIK population are best seen in CD3⁺CD56⁺ population, a subset of CD3⁺T lymphocytes that co-express natural killer cell protein CD56^{14,15}. The CD3⁺CD56⁺ subset is derived from CD3⁺CD8⁺ T lymphocytes, acquiring the terminally differentiated effector phenotype and granular structure of NK cells and higher levels of secreted antitumor cytokine IFN-y, TNF- α , Granzyme B/Perforin^{15–17}. In-vitro expanded-CIK significantly increased CD3⁺CD8⁺ T cells and CD3⁺CD56⁺ NK-like T cells^{15,17}.

Antitumor activity of CIK population

The antitumor activities of CIK population are acquired from the activities of three different cells inside. All subsets of CIK populations (CD3⁺CD56⁻, CD3⁺CD56⁺, and CD3⁻CD56⁺) display antitumor activity through various mechanisms (**Figure 1**). CD3⁺CD56⁺ cell subset is capable of inducing MHCunrestricted antitumor cytotoxicity ^{14,18}. Indeed, CIKs also display their cytotoxic capacity in case of blocking of their receptors (CD2, CD3, CD8, CD28, CD56, very late antigen [VLA-4], T-cell receptor

totoxic function of these populations heavily depends on engaging several activation receptors and releasing Granzyme-B/Perforin proteins from CIKs¹⁹. As a result of co-expression of NK and T cell markers, Pievani et al. (2011) suggested that the CD3⁺CD56⁺ cells acquire dual cytotoxic functions¹⁶, which stem from NK-cytotoxic functions and T-cell cytotoxic mechanisms. Antitumor activities of CIK cells require the direct interaction between CIK and tumor cells through surface markers^{16,20}. These interactions induce the release of granzyme B and perforin to mediate CIK-related killing function and promote IFN- γ and TNF- α production²¹. The interactions via receptors between CIKs and tumor cells are not well-understood; some recent studies suggested four main interactions between CIKs and tumor cells. The first interaction is performed by receptor leukocyte function-associated antigen-1 (LFA-1) on the CIKs with their ligands in tumor cells (ICAM-1, -2, and -3). Indeed, if the LFA-1 or ICAM-1 is blocked, the cytotoxic potential is significantly reduced 15,22,23. The second interaction that plays an essential role in tumor recognition by CIK cells is the natural killer group 2 D (NKG2D) receptor on CIK cells and their ligands in tumor cells. NKG2D receptor is a member of the c-type lectin-activating receptor family expressed in the NK cells and NKG2D ligands: stressinducible molecules on both solid and hematologic tumors, such as the MHC class I-related molecules A and B (MIC A/B) and members of the UL16-binding protein family (ULBP1-4) expressed in tumor cells. Interestingly, NKG2D ligands appear to express a pattern relatively restricted to malignant tumors^{24,25}. The expression of NKG2D receptors is involved in the high dose of IL-2 presenting in the culture medium. Besides IL-2, IL-15 also seems to be a target recognition of NKG2D²⁶. The third interaction relates to the expression of CD56 expressed on CIKs with their ligands in tumor cells. Introna et al. suggested that CD56 plays a role in tumor recognition and cytotoxicity of CIK cells. Therefore, when antibodies blocked CD56 in the CIKs, the cytolysis of CIKs reduced^{27,28}. The fourth interaction relate to Fas ligand (FasL) highly expressed in CIKs and Fas on tumor cells^{8,29}. In a recent study, Meng et al. analyzed the transcriptomic atlas of CIKs and confirmed the high expression of FasL in CIKs³⁰. The direct contact of FasL on Fas triggers Fas-dependent apoptosis mechanism in tumor cells 15,16,19. Recently, the interactions of NKp30 and DNAM-1 expressed in CIKs with their ligands on tumor cells play a role in antitumor cytotoxicity of CIKs¹⁶.

[TCR] $\alpha\beta$, MHC class I and II) by antibodies. The cy-



Figure 1: The antitumor activities of CIK population are acquired from the activities of three different cells inside (CD3⁺CD56⁻,CD3⁺CD56⁺, and CD3⁻CD56⁺). (A) The CD3⁺CD56⁺cell population can kill the tumor cells by releasing Gramzym B/Perforin after interacting with tumor cells through surface markers. (B) The CD3⁻CD56⁺cell population displays the antitumor activities similar to NK cells, while (C) the CD3⁺CD56⁻ cell population exhibits the antitumor activities similar to T cytotoxic cells. https://doi.org/10.6084/m9.figshare.17104232.v1

Some recent studies revealed that CIK could perform the antibody-dependent cell cytotoxicity mediated by the expression of CD16. This observation is different between groups. Some studies suggested a subset of CD3⁺CD56⁺CD16⁺ in the population of CD3⁺CD56+³¹⁻³⁴, while other groups did not detect the expression of this protein in the CD3⁺CD56⁺ population^{11,15,35}. Cappuzzello et al. suggested that the expression of CD16 in the CIK population was donor-dependent⁸. In a study of 60 samples, the CD3⁺CD56⁺CD16⁺ population ranged from 2.3% - 54.2% (mean 16 \pm 13.3%). *In vitro* study and mAbs enhanced the specific lysis rate of CIK cells against EGFR- and Her-expressed cell lines. In TBNC-Patient-Derived Xenograft (PDX) models, treatment combining monoclonal antibody (mAb) and CIK significantly prolonged survival and reduced tumor volume. According to tumor section analyses, the combination also resulted in a higher infiltration of immune cells in the tumor 36 .

In-vivo antitumor activity of CIKs

In a preclinical study, infused-allogeneic CIK cells able to locate and increase in spleen and cervical lymph nodes and remain in tumor site for up to 21 suggested prolonged antitumor effects. In regard to graft versus host disease (GVHD), models, dose up to 20.10⁶ allogeneic CIK cells was tolerated well compared to naïve T cell infusion, which quickly developed severe acute GVHD¹⁸. CIK cells demonstrated antitumor activity toward a wide range of cancer cell lines and freshly isolated cancer cells. Furthermore, numerous studies proved CIK's ability to treat both hematologic and solid tumors 13,20,21,37,38. Recently, Capellero et al. published a preclinical study; the CIK cells from EOC patients efficiently killed patient-derived ovarian cancer cell lines (pdOVC), with no difference between autologous and allogeneic targets³⁹. Also, the study indicated that CIK cells also efficiently killed chemotherapy-survived pdOVC; the killing ability was superior due to the high expression of stress ligand in tumor cells after being treated with carboplatin. In in-vivo models, CIK infusion resulted in high necrotic areas and a high rate of CIK infiltration. In a study with breast cancer cell line MCF-7, CIK strongly inhibits proliferation of both radioresistant and normal MCF-7 cells 17,40.

Clinically, in 2020, Ying Zhang and Schmidt-Wolf published an updated international registry over the past ten years of CIK immunotherapy¹³. A total of 106 clinical trials was registered through IRCC; 4,889 patients with more than 30 types of cancers received

CIK treatment along with/without conventional therapy. Treatment with CIK-based therapy significantly improves mPFS and mOS of patients. Patients' immune system was significantly altered: CD3⁺CD56⁺, CD3 $^+$ CD8 $^+$, CD4 $^+$ /CD8 $^+$ population ratio were elevated while T-reg population CD4+CD25+FoxP3+ was decreased. Also, the level of Th-1 associated cytokine was increased after CIK treatment. In terms of safety, CIK treatment-related side effects were mostly grade I and II such as fever, chills, fatigue, headache, and skin rash. The incidence of grade III-IV toxicities was rare in the CIK treatment group. Infusion of allogeneic CIK was related to acute and chronic GVHD; however, patients showed good -tolerance the immunosuppressive regimen. The CIK treatment reported a higher Karnofsky score (KPS), better appetite, improved sleep, weight gain, and pain relief.

DCs and their cytotoxic mechanisms toward tumor cells

What dendritic cells are?

Dendritic cells (DCs) are known as professional antigen-presenting cells (APCs). The DCs' ability to present antigen attracts attention as carriers for cancer vaccine approaches⁴¹. In the body, DCs are activated and matured in response to the environmental stimulator. The activation of DCs further mediates T cell activation through the engagement of MHCclass I/II and co-stimulation with cytokines. The DC-based vaccinations inhibit tumor growth by altering host lymphocyte composition. Ex-vivo expanded TAA-loaded DCs have been widely approached in a clinical study for targeting tumor and boosting specific-targeting immune response. Over the past two decades, DC-based therapy represents a feasible approach to elicit antitumor immunity while remaining safe and well-tolerated in patients.

How to produce DCs?

Current approaches of DC-based immunotherapy include the use of isolated CD14⁺ monocytes or CD34⁺ HPC from blood or bone marrow⁴². Several protocols have been developed using unstimulated DCs, ex-vivo matured DCs or cell-lysate/TAA-pulsed DCs, in-situ DC vaccination, and DC-derived exosomes⁴³. The first generation used tumor antigen-loaded immature DCs and achieved poor clinical response with only 3.3% tumor regression. The second-generation DC vaccines used matured monocyte-derived DCs, and the treatment reached 8 — 15% objective response rates with the median OS increasing by ~20% in some studies⁴⁴.

The roles of DCs in anti-tumors

Unlike CIKs — effector cells that can directly attack cancer cells and kill them — DCs are antigenpresenting cells so that they indirectly strengthen the antitumor process of the immune system. However, they play an essential role in immune response in cancer treatment. Indeed, cancer cells usually escape from the immune surveillance in cancer patients, especially the sub-population of cancer stem cells inside. The effector T cells inside these patients cannot recognize cancer to kill them. DCs, in this case, will activate the T cells (both $CD4^+$ and $CD8^+$ cells). They can give some essential boost to immune responses in antitumor activity:

DCs enable CD4⁺ T cells to activate B and CD8⁺ cells. This process is based on the interaction between DCs and CD4⁺ T cells through CD40. The CD40 in DCs will interact with the CD40 ligand in T cells lead-ing to DC activation. In the activated state, DCs can prime T cells and up-regulate the expression of some co-stimulatory molecules and produce IL-12. Then, IL-12 causes polarization in naïve CD4⁺ cells toward Th1 cells or Th2 cells. Th1 cells and Th2 cells will promote CD8⁺ cells and B cells through some cytokines (IL-2, IL-4, IL-5, IL-13, and IFN-g).

DCs also cross-talk with NKs and play a pivotal role in the innate immune response against cancer ⁴⁵. DCs interact with NKs via CXCR3 in the draining lymph nodes in a "touch and go" mode lasting from 300s to 4h⁴⁶. As a result, DCs will produce IL-12, IL-18, IL-27, type I IFNs, and IL-15, PGE2. These cytokines directly affect NK cells, triggering NK cell proliferation and activating NK cells. The activated NK cells leave the lymph node, infiltrate tumors, and attack cancer cells in the tumors.

In-vivo antitumor activity of DCs

Clinical trials of DC vaccination showed promising results. In the role of APC, DCs are used to present tumor antigens to other immune cells. Therefore, both tumor-specific antigens and tumor-associated antigens are used in DC vaccinations. These antigens can be peptides/proteins, mRNA, or tumor lysates⁴⁷. Thus, DC vaccination appears a safe and feasible strategy; furthermore, the vaccination combines with antigen-specific CTL activity and positive natural killer response in > 50% cancer patients^{48,49}.

In 2010, sipuleucel-T, the first cellular-based immunotherapy, was approved by USA FDA for the treatment of prostate cancer patients. The intervention was activated DCs by recombinant fusion protein PA2024, the fusion of GM-CSF with prostate antigen, which can be classified as the intersection between first and second generation of DC vaccines. The randomized clinical trial was conducted on 512 patients; sipuleucel-t treatment increased median survival by 4.1 months compared to the placebo group (25.8 months vs. 21.7 months, respectively); however, the treatment failed to achieve better disease progression⁵⁰. Various kinds of cancer also were clinically treated by DCs such as glioblastoma^{51,52}, acute myeloid leukemia^{53,54}, breast cancer⁵⁵, metastatic colorectal cancer⁵⁶, prostate cancer⁵⁷, mesothelioma⁵⁸, lung cancer⁵⁹, hepatocellular carcinoma⁶⁰, pancreatic cancer⁶¹, advanced melanoma⁶², non-small cell lung cancer⁶³, bone and soft tissue sarcoma⁶⁴, and myeloma^{65,66}.

Collaborative mechanisms of CIKs and DCs in antitumor cells

Since DC therapy aims to improve host adaptive immune responses, different strategies have been developed harnessing the immune-stimulation effects of DC with effector cell-based immunotherapy *ex vivo*. Stimulation activity of DCs is through the ability to capture, processing and presenting a tumorassociated antigen (TAAs), which induces specific antitumor responses. The intervention combining DCs and T cells ex vivo resulted in a lower risk of relapse and metastasis, lower level of T-reg, and increased Th1 polarization in breast cancer patients⁶⁷.

In recent years, several studies have reported that the synergistic antitumor effect of CIK blends with DCs^{13,21,68}. The strategy provides the ability to target cancer cells in an MHC-independent manner through CIK cells, while DCs mount an immune response through an MHC-restriction mechanism. Co-culture of CIK and DCs significantly improved the antitumor effect by increasing cytokine IL-12 and IFNg production; the interaction is a TCR-independent mechanism^{29,69,70}. Recent studies have proved that DC enhances CIK through cell-cell contact in an MHC-independent manner but by CD40L/CD40; inhibiting CD40L/CD40 interaction abrogates these changes^{70,71}. Interaction of DCs and CIK thus alters the expression of several membrane proteins, including upregulation of membrane protein CD28 and CD40L on CIK, which are co-stimulatory signals promoting immune activation. Further, an increase in proliferation and CIK phenotype (including CD3⁺, CD8⁺, and CD3⁺CD56⁺ population) has been observed after co-culture with DCs⁷². The concomitant of Treg in CIK population also decreases in both cell and mRNA levels after co-culture with DCs^{72,73}. In *in-vivo* models, DC plus CIK revealed a superior antitumor effect compared to single therapy⁷⁴. The treatment altered host immunity, altering host immune-system composition and augmenting immune antitumor response by enhancing CTL and NK-cell function. The ratio of CD4⁺/CD8⁺ significantly increased after DC/CIK treatment, represented the immunomodulatory effect, and improved immune-surveillance of DC-CIK to the host immune system^{75,76}. Also, the level of Th1-associated cytokine was elevated, including IL-2, IFN-g, IL-12. In reverse, the treatment resulted in a lower proportion of immunosuppressive factors, T-reg cell, cytokine IL-10, and TGF- β ^{77,78}.

DCs plus CIKs have been proved as a promising immunotherapy approach in treatment of advanced solid tumors. In a ten-year review, 37 of 85 studies were conducted with DC-CIK treatment for lung cancer, hepatocellular carcinoma, pancreatic cancer, colorectal cancer, renal cell carcinoma, and breast cancer¹³. DC-CIK treatment shows significantly enhanced response rate in patients, better clinical benefit rate, and higher median overall survival compared to conventional treatment group.

Table 1: Clinical trials of CIK and DC-CIK cells on breast cancer patients						
Year (Ref)	Study type	Disease	Patients (treatment)	Pre-treatment	Intervention	Immunotherapy clinical response
2014 ⁷⁹	Retrospective	TNBC (stage I-III)	90 (45)	Surgery, adjuvant chemotherapy with or without radiation	autologous CIK cells 8.7 x 10 ⁹ – 1.2 x 10 ¹⁰ cells/cycle (4 - 52 cycles)	 1-, 2-, 3-, and 4-year DFS rate: 97.7%, 90.1%, 83.4%, 75.2%. 1-, 2-, 3-, and 4-year OS rate: 100.0%, 100.0%, 96.7%, 92.4%,
2018 ⁸⁰	Retrospective	TNBC	340 (77)	Surgery, chemotherapy	autologous CIK cells 5 - 7.7 x 10 ⁹ cells/cycle (1 - 19 cycles)	5-years OS rate 94.3% 5-year DFS rate 77.9% PD: 16/77 cases (20.8%) Death: 4/77 cases (5.2%)
2019 ¹⁷	Retrospective	BC stage I-III	310	Surgery with chemotherapy or radiotherapy or endocrino-therapy	autologous CIK 8.7 - 12 x 10 ⁹ cells/cycle (at least 4 cycles)	5-year OS rate: 85.7% 5-year RFS rate: 80.8%
2019 ⁸¹	Retrospective	TBNC	294	Surgery and chemotherapy	autologous CIK > 5 x 10 ⁹ cells/cycle (1- 26 cycles)	 1-, 3-, and 5-year DFS rate: 99.3%, 91.8%, 99.1% 1-, 3-, and 5-year OS rate 99.3%, 96.6%, 93.4%
2015 ⁸²	Clinical trial	Metastatic breast cancer	20	Chemotherapy	autologous DC and CIK 1 x 10 ⁹ CIK with 1 x 10 ⁷ DCs per cycle (8 cycles)	CR: 3/20 cases PR: 12/20 cases SD: 2/20 cases PD: 3/20 cases
2013 ⁸³	Randomized Controlled Trial	Metastatic breast cancer	166 (87)	Chemotherapy	HDC with autologous DC/CIK (3 cycles)	mOS: 33.1 months 3-year OS rate: 20.7% (18/87 patients). 4-year OS rate: 9.2% (8/87 cases)
2015 ⁸⁴	Clinical trial	Advanced cancer stage IV	12 cases with breast cancer	Surgery or chemotherapy or radiation	autologous DC/CIK 5.7 + 2.94 x 10^9 cells/cycle (6 cycles)	DCR: 25% (3/12 cases)

Continued on next page

Table 1 continued						
Year (Ref)	Studytype	Disease	Patients	Pre-treatment	Intervention	Immunotherapy clinical response
			(treatment)			
2016 ⁸⁵	Clinical trial	TNBC	23	Chemotherapy	autologous DC/CIK	PR: 3/23
					(3 cycles)	SD: 56.5% (13/23)
						PD: 30.4% (7/23)
						ORR: 13%
						DCR: 69.6%
						mPFS was 13.5 months
2017 ⁸⁶	Retrospective	Stage IV	368	Chemotherapy	autologous DC/CIK	5-year DFS rate: 42%
		breast cancer	(188)		6 - $10 imes 10^9$	5-year OS rate: 44%
					cells/infusion	
					(4 infusions/cycle, > 3 cycles)	

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TRANSPLANTATION OF CIKS AND DCS TO TREAT BREAST CANCER

Transplantation of CIK cells in the treatment of breast cancer

The clinical approach of CIK-based adoptive cell therapy has been growing vigorously in recent years (**Tables 1 and 2**). In breast cancer treatment, many patients had enrolled in clinical retrospective studies of CIK immunotherapy.

In 2014, a retrospective study was published by Ke Pan et al. 73; the study included 90 patients with TNBC status; 45 of them received adjuvant CIK immunotherapy $(8.7 \times 10^9 - 1.2 \times 10^{10} \text{ cells/infusion})$ after completed chemotherapy without radiation therapy postmastectomy. Following the CIK treatment, TNBC patients experienced better DFS and OS than conventional treatment, using The Kaplan-Meier survival analysis method (P = 0.0382 and P = 0.0046, respectively). The rate of 1-, 2-, 3-, and 4-year DFS was higher in the CIK treatment group (CIKgroup: 97.7%, 90.1%, 83.4%, and 75.2%, respectively; control-group: 88.9%, 64.4%, 62.1%, and 56.4%, respectively). The rate of 1-, 2-, 3-, and 4-year OS was higher in CIK treatment group (CIK-group: 100.0%, 100.0%, 96.7%, and 92.4%, respectively; controlgroup: 95.6%, 88.6%, 76.3%, and 72.7%, respectively). In further analysis of prognosis in TNBC patients using Cox proportional hazards regression analyses, CIK treatment and disease status were significantly associated with favorable DFS and OS results. According to the Kaplan-Meier analysis result, CIK treatment significantly enhanced OS and DFS advanced-stage group. In contrast, the early-stage TNBC showed no significant difference in response to two treatment types^{73,87}. In 2019, a retrospective on 294 TNBC patients showed that CIK treatment significantly enhanced 1-, 3-, and 5-year DFS (P = 0.047) and OS rate (P = 0.007) compared to the control group (adjuvant chemotherapy w/o radiation)⁸¹. Furthermore, the data showed that higher CIK infusion was correlated with a better antitumor effect; more than six cycles of CIK treatment significantly improved DFS (P = 0.02) and OS (P = 0.04). A study on 77 CIK-treated patients similarly concluded that higher cycles (> 6) are associated with better prognosis (p = 0.002 in DFS, p = 0.024 in OS) and decreased risk of death⁸⁷. CIK treatment lowered the incidence of metastasis, 16/147 patients in the CIK group compared to 29/147 patients in the control. In the univariate and multivariate analysis, CIK treatment influenced DFS and OS in patients; adjuvant CIK treatment was an independent prognostic factor for both

DFS (HR = 0.520, 95% CI:0.271 - 0.998, P = 0.049) and OS (HR = 0.414, 95% CI:0.190 - 0.903, P = 0.027) in multivariate analysis. In a study of 310 postoperative breast cancer patients, patients were selected via random table method for the control and the CIK treatment group. The 5-year recurrence-free survival (RFS) rate and the 5-year OS rate were higher in the CIK treatment group than the control (17). In subgroup analysis according to disease type, patients with ER/PR⁺ and HER2⁻ significantly benefited from CIK treatment, and significantly prolonged OS was reported. TNBC patients and ER⁺/PR⁺/HER2⁻ patients also showed improved prognosis factors; however, those groups were not statistically different. The study found that PD-L1 positive patients experienced better CIK treatment response than PD-L1 negative patients did; significantly higher 5-year RFS (87.6% versus 76.4%, P = 0.048) and 5-year OS (95.2% versus 77.1%, P = 0.048%) was reported. This effect was reversed in the control treatment group; PD-L1 was correlated with worsened clinical outcomes. Further, negative PD-L1 patients in two cohorts did not statistically differ in RFS and OS, thus suggesting the use of PD-L1 as a biomarker for the adoptive immunotherapy approach for breast cancer patients.

Side effect in these retrospective studies was reported mostly as spontaneous fever; no intolerable or severe side effect was recorded following CIK treatment. Furthermore, no statistical difference was observed in the incidence of adverse effects between the two treatment groups.

Transplantation of DCs in treatment of breast cancer

In breast cancer treatment, HER-2/neu pulsed DC induced the expression of co-stimulator CD28 on CD8+ T cells in HER-2/neu⁺DCIS patients⁸⁸. Additionally, the treatment increased levels of Th1-cytokine IFN-g and induced HER-2/neu-specific CD8⁺ T cells with a lower level of inhibitory B7 ligand CTLA-4. A high disease-free survival rate and prolonged median disease-free survival were achieved in the vaccinated group, compared to control treatment⁸⁹. P53pulsed DC vaccinations showed p53-specific T cell response in advanced breast cancer patients⁹⁰. Patients experienced prolonged survival and temporary regression of metastasis while no toxicity was observed during DC administration. ELISpot analyses analyzed the specific T cell response; some patients experienced stable disease and lymph node regression. Overall, the clinical efficiency of DC immunotherapy remains below expectations. Poor clinical outcomes result from several factors, including

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Table 2: Registered clinical trials on ClinicalTrials.gov	database
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	Table 2: Registered clinical trials on Clinical Trials.gov database							
Year	Identifier	Phase	Disease	Intervention	Status			
2010	NCT01232062	not showed	Breast Neoplasms Neoplasm Metastasis	High dose chemotherapy with DC-CIK	Completed			
2011	NCT01395056	not showed	Breast Neoplasms Neoplasm Metastasis	Cyclophosphamide combined thiotepa and carboplatin chemotherapy com- bined with DC-CIK immunotherapy	Completed			
2015	NCT02491697	Phase 2	Breast cancer	DC-CIK immunotherapy with capecitabine	Active, not recruiting			
2015	NCT02539017	Phase 2	Triple Negative Breast Neoplasms	DC-CIK combined with chemotherapy	Withdrawn			
2015	NCT02450357	not showed	Neoplastic Cells, Circulating	DC-CIK immunotherapy	Completed			
2016	NCT02886897	Phase 1 Phase 2	Breast Cancer	DC-CIK and anti-PD-1 antibody	Unknown			
2018	NCT03524261	Phase 2	Advanced breast cancer	Activated CIK and CD3-MUC1 Bispecific Antibody	Withdrawn			
2020	NCT04282044	Phase 1	Triple Negative Breast Cancer (advanced solid tumors)	CRX100 suspension (autologous CIK)	Recruiting			
2020	NCT04476641	Phase 2	Breast cancer	DC-CIK immunotherapy	Recruiting			

lack of appropriate target antigens, downregulation of TAA and MHC molecules in tumor cells, poor homing ability of adoptive transferred-DC to lymph node, and rate of inducing target-specific CTL and immunesuppressive tumor microenvironment⁴². However, DC vaccination is a safe approach, thus facilitating further modifications and research to improve the clinical results.

DC-CIK cell transplantation in treatment with breast cancer

Preclinical studies have proved the superior antitumor effects of DC-combined CIK^{70,74,91,92}. DC-CIK combination has been widely used in clinical trials besides chemotherapy for cancer treatment^{75,93–96}. Co-culturing DC and CIK leads to greater CIK anticancer effect against cancer cell. In clinical trials, the DC-CIK combination also showed that the clinical response outweighs conventional therapy. In five accessed clinical studies on DC and CIK application, a total of 589 breast cancer patients were enrolled, including 330 patients under DC-CIK treatment. In 2013, Ren J et al. investigated the effect of high-dose chemotherapy and DC-CIK compared to standard dose chemotherapy for metastatic breast cancer treatment in 166 patients⁸³. The intervention was two cycles of 120 mg/m² docetaxel plus 175 mg/m² thiotepa in combination with DC-CIK; the addition of carboplatin was optional. The trial group achieved a significantly higher objective response rate compared to SDC treatment, 25.9% versus 10.1%, respectively (P = 0.009). In summary, 2 CR cases (2.4%), 20 PR (23.5%) cases, and 42 SD (49.4%) cases were reported in the HDC+DC-CIK treatment group. The median-OS were double that of the control group, 33.1 months in the experiment group and 15.2 months in the control group (P < 0.001). The median-PFS also significantly improved in the experiment group, with an average of 10.2 months vs. 3.7 months (P < 0.001). In the Cox regression model, HDC plus DC-CIK treatment for HER-2 positive patients with less than three metastasis sites were correlated with better OS and PFS prognosis. In the following clinical study in 2016, 23 metastatic pre-treated TNBC patients received a combination of cyclophosphamide, thiotepa, carboplatin, and DC-CIK immunotherapy. The study reported a 13.0% objective response rate (3 PR cases) and a 69.6% disease control rate (3 PR cases, 13 SD cases). The median-FPS reached 13.5 months (95% CI, 10.1 - 16.9 months), and the median OS was 15.2 months (95% CI, 12.5 - 18.1 months)⁸⁵. In 2017, Lin M et al. published a 10-year follow-up study from 2003-2013. About 368 staged-IV breast cancer patients were recruited, and 188 patients were treated with one cycle of low-dose chemotherapy (Carmofure) and at least three cycles of four DC-CIK infusions⁸⁶. One infusion regimen included $6 - 9.10^9$ DC-CIK cells in 250 ml saline plus 1500 U/ml IL-2 and 1% human albumin intravenously. Lymphocyte count and function were tested after DC-CIK treatment from chemotherapy treatment. Th1-type cytokine was elevated upon DC-CIK treatment, including IL-2, TNF- β , and INF- γ . DC-CIK treatment significantly improved OS and DFS compared to the control group. The 5-year DFS was 42% in the experiment group, while that of control group was 30% (P < 0.01). The 5-year OS was 44% in the experimental group versus 29% in the control group (P < 0.01). Additionally, DC-CIK treatment independently lowered the risk of disease progression (OR = 0.09, 95% CI 0.02 - 0.42, P < 0.01) and risk of death (OR = 0.05, 95% CI 0.01 - 0.37, p < 0.01), according to multivariate Cox proportional regression analysis. DC-CIK treatment represented a feasible cancer treatment strategy with minimal side effects. The most common side effects were related to the chemotherapy. No lethal adverse effects were reported following DC-CIK treatment. Patients have received at least one infusion of DC-CIK; no dose modification or disruption was reported. The most common side effect was fever. In 2014, a meta-analysis study about DCs, CIKs, and the combination of DC-CIK treatment for breast cancer patients was published by Wang et al.97. The meta-analysis study was conducted from 27 clinical trials with 633 enrolled breast cancer patients and compared DCs and CIKs treatment versus non-DC/CIK treatment. According to the analyzed result, the 1-year survival rate of patients in the group was significantly improved (P < 0.0001) for DC/CIK treatment group. Higher rates of 2- and 3-year survival were also reported following DC-CIK treatment; however no significant statistical difference was noted between the two groups (2-year survival: 83% versus

76%, P = 0.07; 3-year survival: 64% versus 48%, P =

0.07). The Karnofsky Performance Status Scale (KPS) results showed that breast cancer patients significantly improved from DC-CIK treatment compared to non-DC-CIK therapy (OR: 12.40, 95% CI = 6.61-18.19, P < 0.0001). A higher clinical benefit rate was recorded in DC-CIK group; however, the data was not statistically different. Additionally, the study analyzed host immune response to DC-CIK therapy. Significantly increased proportion of CD3⁺, CD4⁺, CD16⁺, CD4⁺CD8⁺, CD3⁺CD56⁺ immune cell subsets (P < 0.00001) and enhancement in T cell immunity function (AG-NOR: OR = 0.68, P < 0.0001) were observed after DC-CIK treatment. Several antitumor response cytokines were elevated following DC-CIK treatment, including IL-2, IL-6, IL-12, IFN- γ , and TNF- α (P < 0.00001). Moreover, the level of serum cancer markers was significantly decreased after DC-CIK treatment. Later, Hu et al.⁹⁵ published a meta-analysis to compare the efficacy and safety of DC-CIK therapy versus conventional chemotherapy for breast cancer treatment. The study was conducted based on 11 randomized clinical trials with 941 breast cancer patients (including 386 cases who experienced CIK or DC-CIK, 361 cases with conventional chemotherapy only), with no statistical difference between the two groups of patients. Most studies (9/11 studies) reported CR and PR; the difference was significant between the CIK-DC treatment group and the conventional treatment group (CR: RR = 1.54, 95% CI: 1.09-2.19; PR: RR = 1.33, 95% CI: 1.11 - 1.59). In the metaanalysis, ORR was reported in 10 studies, significantly different between DC-CIK and conventional groups (RR = 1.37, 95% CI: 1.20 - 1.57). The incidence of side effects was not significant between DC-CIK treatment and non-DC-CIK and conventional treatment groups in both meta-analyses. Side effects included fever, leucocyte decrease, gastrointestinal adverse effects (OR: 0.72, 95% CI: 0.36 - 1.45, P = 0.36)⁹⁷ and leukopenia, thrombocytopenia, hair loss, nausea/vomiting, hepatic complications, and neurologic complications⁹⁵.

FUTURE PERSPECTIVES

Current clinical trial data demonstrated that DC-CIK is a promising approach for breast cancer treatment²¹. With chemotherapy's success in improving clinical response, the combination of DC-CIK prolongs survival in breast cancer patients. In a recent study by Ren J *et al.* in 2013, DC-CIK combined with HDC was used as first-line treatment for metastatic breast cancer patients. Patients experienced delayed disease relapse and longer survival time⁸³. Success in the clinical trials attracted research on CIK and DC; several strategies have been evaluated in vitro and in vivo. DC-CIK cells efficiently targeted cancer stem cells; autologous CIK cells inhibited tumor growth in PDX models^{91,92,98-100}. Recent studies have focused on modified CIK cells with chimeric antigen receptors to enhance CIK cytotoxic function and cancer-targeting ability 8,101,102. Ren et al. incorporated CIK cells with anti-EGFR chimeric antigen receptor (CAR); the CAR-CIKs showed superior antitumor target against EGFR-positive tumor cells¹⁰³. The combination of CAR and CIK further enhanced the secretion of IL-2 and IFN-gamma by CIK cells. Besides aiming to modify CIK cells, the combination of CIK cells with commercial immunotherapy drugs is also under investigation. The combination of mAbs with CIK cells showed promising results in preclinical studies^{34,36,104}. It improved cytotoxicity of CIK cells via ADCC and increased infiltrated CIK cells in tumor specimens. The prospective study by Zhou et al. showed that PD-L1 expression in TNBC patients correlated with better response to CIK treatment, thus suggesting the combination of PD-L1/PD-1 immunotherapy treatment with CIK cells¹⁷.

In addition to the traditional autologous approach, among several cell-based immunotherapies, CIK cells are suggested as potential allogeneic cellular immunotherapy capable of approaching an "off-theshelf" strategy (Figure 2). The preclinical trial had demonstrated low GVHD ability of CIK cells: allograft of CIK cells associated with graft-versustumor (GvT) showed minimal graft-versus-hostdisease (GvHD) side effect 14,18,19,105. The clinical trials showed that allogeneic CIKs after hematopoietic stem cell transplantation (HSCT) showed a low incidence of GvHD in recipients while inducing antitumor response ^{106–108}. In 2012, Linn et al. reported a clinical trial phase I/II with allogeneic-HSCT relapsed patients; in five patients who developed immune responses attributed to CIK cell infusion, the risk of acute-GvHD was low (3/16 patients) and easily controlled 107. In the combination of allogeneic CIK with donor lymphocyte infusion (DLI), the incidence of a GVHD was mostly associated with DLI (8 of 12 cases, total 16%)¹⁰⁹.

Moreover, umbilical cord blood is an abundant and available source of precursor cells for CIK; more cord blood cells exert low immunogenicity^{110,111}. The UCB-CIK cells showed greater proliferation capacity, lower immunogenicity, lower expression of inhibitory receptor PD-1, and less susceptibility to chemotherapy than PB-CIK cells do. Additionally, the UCB-CIK cells showed higher production of IFN- γ and IL-2 compared to PB-CIK cells. The antitumor effect was also higher in the UCB-CIK treatment group both *in vitro* and *in vivo*¹¹². The clinical study further demonstrated the antitumor potential of UCB-CIK with minimal toxicities^{113,114}.

Further, large-scale production of GMP-grade CIK is under vigorous study; Castiglia S et al. and Palmerini P *et al.* suggested the significant impact of culture systems on CIK cell quality^{115,116}. Serum-free conditions were studied to abrogate the in-consistent quality of human serum and human pool plasma. A recent study demonstrated the uniformity of cryopreserved-CIK cells for up to one year¹¹⁷. Cryopreserved-CIK and cryopreserved PBMC derived-CIK maintained their cytotoxic function toward cancer cells, however, they were lower than freshly-cultured CIK cells^{117,118}.

CONCLUSION

In recent years, immunotherapies for breast cancer treatment have been developed vigorously. The success of DC and CIK in both preclinical and clinical studies demonstrated their position in first-line treatment. Besides, it is worth noting that DC and CIK cells are easily expanded in ex-vivo conditions in GMP with a high expansion rate compared to other adoptive cell therapies. Further, the use of CIK in a clinical trial is IL-2 independent, thus reducing the cytotoxicity of exogenous IL-2. Therefore, the treatment represents a promising approach with safety, tolerability, and minimal toxicity. In breast cancer treatment, the use of DC, CIK, or DC-CIK significantly prolonged the survival of patients, improved quality of life, and increased the patient's immunity function. However, the database was limited to China, the dosage of DC-CIK remained heterogeneous, and CIK cells' function depended on donor quality. The clinical reports also showed inconsistent format and bias results. Therefore, it is essential to optimize the procedure of DC-CIK therapy to create standard criteria for evaluating DC-CIK. Furthermore, the DC-CIK therapy should be assessed in multi-centered studies on a larger scale and uniform patient disease status.

ABBREVIATIONS

CAR-T: Chimeric antigen receptor T cell CIK: Cytokine induced killer cell DFS: Disease-free survival DLI: Donor lymphocyte infusion GM-CSF: Granulocyte-macrophage colonystimulatin factor GvHD: Graft-versus-host-disease GvT: graft-versus-tumor



Figure 2: New approach of DC-CIK therapy for breast cancer using autologous dendritic cells and allogenic CIKs. Allogenic CIKs are produced from umbilical cord blood and storaged in freezer until usage. Mature DCs are produced from mononucleated cells derived peripheral blood induced with cytokine (GMCSF, IL-4) and primed with antigens from breast tumors. Thawed CIKs and mature DCs are mixed and incubated before they are used to treating the breast cancer. https://doi.org/10.6084/m9.figshare.17104241.v1

HDC: High-dose chemotherapy HSCT: Hematopoietic stem cell transplantation ICAM: Intercellular cell adhesion molecule **IFN**: Interferon IL: Interleukine LAK: Lymphokine-activated killer cell MHC: Major histocompatibility complex MIC A/B: MHC class I-related molecules A and B NK: Natural killer cell NKG2D: Natural killer group 2 D **OS**: Overall survival PB-CIK: Peripheral blood derived cytokine induced killer cell PBMC: Peripheral blood mononucleated cell **RFS**: Recurrence-free survival TAAs: Tumor-associated antigen TBNC: Triple-negative breast cancer TCR: T-cell receptor Th1: T helper cell 1 TIL: Tumor-infiltrating lymphocyte T-reg: Regulatory T cell UCB-CIK: Umbilical cord blood derived cytokine induced killer cell

VLA-4: Very late antigen 4

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The authors declare that they have no competing interests.

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