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# Assessment of Immunological Responses - A Novel Challenge in Tissue Engineering and Regenerative Medicine

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### ABSTRACT

The number of articles on tissue engineering and regenerative medicine has increased dramatically in the last decade; however, the number of clinically implemented techniques remains small. Possible reasons include insufficient investigation of immune reactions on implanted tissue-engineered grafts and cells or a lack of consensus regarding which immunological tests must be performed to evaluate immunological responses. To provide an example of insufficiency in the assessment of immunological reactions, we analyzed three papers published between 2020 and 2021 and discussed the possibility of creating a standardized assay palette for the assessment of immunological responses in different types of implants.

Key words: cell therapy, immunity, immunological response, regenerative medicine, tissue engineering

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INTRODUCTION

Currently, despite significant progress in tissue engineering techniques, post-implantation outcomes remain unacceptable. In the last decade, chronic inflammation has been a key challenge in tissue engineering, leading to the lack of physiological relevance<sup>1</sup>. There is no unanimous understanding of the mechanisms of inflammation related to the implantation of tissue-engineered constructs; therefore, it is not always possible to identify precise reasons for implant failure.

Regeneration-associated immunological responses have not yet been described in detail. Immunity is recognized as a major player in tissue homeostasis. T-helper cells are involved in the activation and regulation of non-immune cells<sup>2</sup>. Macrophage responses, namely the equilibrium between M1like versus M2-like, are capable of maintaining tissue homeostasis and/or providing pro- or antiinflammatory signals depending on the tissue's origin and microenvironment<sup>3</sup>. The most recent evidence suggests that cell-macrophage crosstalk determines the microenvironment and reparative processes in tissue-engineered bone grafts<sup>4</sup>. Furthermore, cytokines released from immune cells regulate proliferation and differentiation of mesenchymal stromal cells<sup>5</sup>.

However, many studies do not comprehensively assess immunological responses to implanted tissueengineered grafts. We believe that the explanation may be the absence of a standardized approach to assessing immunological responses. This assumption is based on analysis of three papers published in the respectable journal of Lancet family, *eBioMedicine*, in recent years<sup>6-8</sup>. Here, we provide examples of the types of immunological tests that could be useful.

Schaefer *et al.* (2020) identified tissue- and organspecific regulation of stem cell adhesion and migration through the vasculature. Cellular chemotaxis is inhibited by inflammation and the deposition of inflammatory cytokines. Therefore, analysis of the cytokine profile of blood serum before and after cell therapy may be of value. In the event of cell migration into target tissues, local immunohistochemistry (IHC) assays would allow for visualization of the increased levels of anti-inflammatory cytokines. Furthermore, enhanced assessment of mast cell activity would improve the therapeutic efficacy of stem cell transplantation.

In an article by Nürnberger *et al.* (2021), cells were able to repopulate empty chondrocyte lacunae inside a scaffold matrix<sup>7</sup>. The IHC analysis conducted in the study revealed the presence of macrophages inside the notches of the scaffold. However, the presence of M1-macrophages does not exclude the presence of mast cells. Mast cells participate in the regulation of various physiological functions, including vasodilation and angiogenesis. Generally, tissue decellularization does not completely remove MHC I and II. Therefore, implanted decellularized scaffolds can

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Type of immunity	Key cell players	Major markers	Schäfer <i>et al.</i> (2020) <sup>8</sup>	Nürnberger <i>et</i> <i>al.</i> (2021) <sup>7</sup>	Lavrador <i>et</i> $al. (2021)^6$
Cellular immunity	M1/M2 macrophages	CD68 or CD11b (common marker of macrophages), M1-macrophages: CD80, CD86, CD64, CD16 and CD326; M2-macrophages: CD163 and CD206.	Yes	Yes	No
Humoral immunity	Mast cells	CD63 and CD203	No	No	No
Barrier immunity	Epithelial cells	CD166, CD46, Pan- Cytoker- atins	Yes	No	No

modulate the macrophage response to an immunotolerant injury-response M2 type. We suggest that immunohistochemical assessment of mast cells would allow for identification of the bone marrow interaction with laser-treated cartilage and would add value to the study.

A study by Lavrador *et al.* (2021) provided an overview of research on the use of living materials as therapeutic platforms for tissue engineering; however, the study did not describe methods for evaluating immunological responses to biomaterials<sup>6</sup>. It is worth recalling that biological materials that are created de novo induce a response in untransformed human CD14+ monocytes characterized by gene expression and production of IL-1 $\beta$  (inflammatory cytokine) and IL-6 (acute phase reactant). The innate immune response to biological scaffolds can lead to increased apoptosis of macrophages adhering to the biomaterial resulting from *in vivo* interaction with the hydrophilic substrate.

Based on the triple classification of immunological responses by Tuzlak *et al.*  $(2021)^2$ , we developed a standard approach for the characterization of immunological responses to tissue-engineered implants using the most affordable markers for IHC staining (**Table 1**).

## CONCLUSIONS

While the use of assessment methods to confirm tissue function allows us to draw conclusions about the consistency of the implant, confirming biocompatibility is significantly more challenging. The definition of biocompatibility is not precise and more importantly, it may be tissue-specific and may depend on the location of the implant <sup>1,9</sup>. Clinical manifestations of inadequate inflammatory response may develop after several months or even years. Insufficient immunological assessment can lead to post-publication revision and even retraction of articles<sup>10</sup>.

Insufficient assessment of the immunological response leads to misinterpretation of significant results in tissue engineering and regenerative medicine. However, immunological techniques require additional assay kits to ensure reasonable verification of host-implant interactions.

## **ABBREVIATIONS**

**CD**: cluster of differentiation, **IHC**: immunohistochemistry, **IL-1** $\beta$ : interleukin 1beta, **IL-6**: interleukin-6, **MHC**: major histocompatibility complex

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### **AUTHOR'S CONTRIBUTIONS**

Conceptualization, V.A.S. and I.D.K.; investigation, V.A.S, I.D.K., D.S.B.; writing—original draft preparation, V.A.S. and I.D.K., D.S.B., P.V.S., A.D.K.; writing—review and editing, I.D.K., P.V.S., A.D.K. All authors read and approved the final manuscript.

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# AVAILABILITY OF DATA AND MATERIALS

Data and materials used and/or analyzed during the current study are available from the corresponding author on reasonable request.

# ETHICS APPROVAL AND CONSENT TO PARTICIPATE

Not applicable.

## **CONSENT FOR PUBLICATION**

Not applicable.

# **COMPETING INTERESTS**

The authors declare that they have no competing interests.

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